



Mentor Program Agreement & Guidelines

Purpose: Mentees will be teamed up with a mentor who is a WomenUp member in good standing. With the support of accomplished community and/or business leaders in the Sacramento region, candidates will be provided the strategic and moral support needed to tap into the talents & skills of other community leaders; to look, listen & learn; and discuss professional & career advancement opportunities.

Commitment: The WomenUp Mentorship Program is a 1-year commitment. While WomenUp Network both recognizes and appreciates professional and personal calendars and commitments, we have made great efforts to create a mentor/mentee program that offers a well-rounded experience. Mentors and mentees should commit to meeting at least bi-monthly for a year. Mentors must also commit to sponsor, underwrite, and pay for your mentee to attend at least one WomenUp Event. We ask that you attend a discovery meeting, at least 1 mixer, and our annual Badassery event. Events typically run from \$15-20*

Guidelines:

- **Establish a positive relationship.** Demonstrate mutual respect and understand the interest(s) of the other. Maintain confidentiality of 1:1 mentoring discussions.
- **Develop life skills.** Brainstorm professional concerns and creative solutions. Formulate agendas and talking points. Establish learning activities for the year. Learn from the experience of others.
- **Learn how to network.** Participate in WomenUp Network activities. Connect with other community and civic leaders at sponsored events. Learn about other social and cultural groups with which to connect.
- **Program evaluation.** Participate in the survey and/or feedback process to inform program improvement.
- **Application eligibility.** Must complete a program application and be current with WomenUp membership dues.

Mentor

Mentee

Signature

Date

Print Name

